



**Charlottesville
Catholic School**
Christ Community Scholars

Charlottesville Catholic School

Friday Newsletter

Junior Kindergarten

November 17, 2023

Calendar/Important Dates

Monday, November 20th-Friday, November 24th: Thanksgiving Break

Emails

Ms. Shank: c.shank@cvillecatholic.org

Ms. Wawner: v.wawner@cvillecatholic.org

Science/Social Studies

Ms. Shank's class studied migration. We learned about the Monarch butterfly and Reindeers. We also watched a great video on whale migration. When we come back from Thanksgiving break we will study adaptation and focus on the chameleons and polar bears.

Ms. Wawner's class learned about our digestive system this week. We investigated where food goes once we eat it and found out why eating nutritious foods is important. We built our digestive system out of play-do, created a stomach bag to see how our stomach digests food, and built a wearable digestive tract. We also enjoyed watching A Magic School Bus episode on digestion. When we return from break, we will explore Living and Non-living things.

Math

Ms. Wawner's class practiced ordinal numbers this week and it was amazing to see how quickly our group caught on. We practiced lining up in line using ordinal numbers, playing hopscotch while singing the numbers out loud, and culminated our week with races outside. We will start a unit on patterns in the coming weeks. Ms. Shank's class worked on positional words. We will also begin a unit on ordinal numbers.

Language Arts/Reading/Writing

Ms. Wawner's class learned the sight word "can" this week. We practiced our sight word readers as a group and individually. Please ask your student to read their book to you at home for

practice. We also focused on the letter M and had fun learning about our mail system and writing letters. We will focus on the letter G and the sight word "see" after break. Ms. Shank's class read books about monarch butterflies. We read together in our reading groups "My Dog" and worked on the sight word My. Our book next week will be "I Can" and our sight word will be Can. We will read "The Mixed up Chameleon" and complete an art project focused on camouflage.

Theology

Ms. Wawner focused on the spirit of Thanksgiving and being grateful for what God has provided us. When we return from break, we will learn about advent.

Other News and Reminders

- **Lunch Reminder: Today was the last day of Yay Lunch service. While we have secured a new lunch provider, they are not able to start service until January. ALL students will need to pack a lunch every day from November 27 through December 19. More information regarding our new provider will be forthcoming.**
- On Thursday, November 30, John Kronstain will present "Are They OK? - Building a Better Understanding of Anxiety and How it Could be Impacting Your Child" for CCS parents at 7:00PM in the Performance Hall. Please use the form below to RSVP, as seating will be limited. Please note that childcare will not be provided. [November 30 Speaker Series RSVP](#)
- Winter dress **begins Monday, November 27**. Please see the Uniform Policy (located in the Resource Documents section of FACTS) for winter dress parameters.
- Music News: Here is our November Playlist. This past month, we have been using movement and music to talk about the changes in fall, as well as practicing for our Christmas concert. Hope to see you all there!
https://open.spotify.com/playlist/5ua4EVe7KNrfKLS3KRV9OZ?si=b_E7HXUzSdWbHITRhtgag
- The originally published dates for the CCS Christmas Concerts have changed slightly. While the 3rd-5th Grade concert will remain on Tuesday, December 12, the JK-2nd Grade concert has been moved to **Wednesday, December 13**. Both concerts start at 6:15PM—students will need to arrive at school **no later than 5:45PM**.
- Join the Fun! Camp4Real Kids Night Out is Coming to Charlottesville Catholic on Dec. 15! Kids Night Out (KNO) is a three-hour drop-off event featuring a catered dinner and an exciting lineup of engaging P.E.-style games and activities for children in kindergarten through 6th grade! Family fun with an impact! Camp4Real is proud to support the CCS community and will donate a portion of the event proceeds right back to our school! Discounted early registration is now open! [Click here](#) to learn more and snag your child's spot!
- The annual St. Nick's Shop (December 4-7) is an opportunity for JK-5 students to independently shop for their family at school. Prices will range from \$1 to \$15,

with the majority at \$5, with many gift options to choose from. Gifts will be labeled and placed in gift bags to help keep them secret. This is a chance for students to buy gifts for others, not themselves. Participation is completely voluntary. [Please fill out one form per child](#). This form must be completed by November 29. All funds raised will be used to support PTO events for teachers and students such as the Teacher Christmas Luncheon and school ice cream socials. This payment will be billed through FACTS the week of December 11th—there will be no cash transactions this year. You also have the option to donate any change/unspent funds back to the school.

Nurse's Note

To be prepared for Kindergarten entrance requirements, please make sure to have the Commonwealth of Virginia School Entrance Health form completed. Print the form and have it with you for your child's next check-up/physical. Make sure that an up to date immunization record is attached. If you have any questions, please contact the school nurse at clinic@cvillecatholic.org.



November Nurse's Notes

If at any time you have questions or concerns, please reach out to me directly at s.queheillalt@cvillecatholic.org or 434-964-0400.

Cold, Flu, RSV, Strep and COVID season is upon us. One of the best ways to prevent illness and its spread, is good hand washing. When soap and water aren't available, alcohol based hand sanitizer can do the trick. Remember to thoroughly rub all hand/finger surfaces and to scrub for 20 seconds. Sing a happy tune as you go! Cough and sneeze into your elbow and when possible avoid crowded places and spending time with those who are sick or having symptoms. See the links for more information.

[CDC - Flu](#) [CDC - RSV](#) [CDC - Strep](#) [CDC - COVID](#)

CCS illness policy abides by the Virginia Department of Health (VDOH) guidelines which requires students to remain home until **FEVER FREE** for 24 hours without the use of fever reducing agents. Fever Free is a temperature of less than 100.1°F. Also, gastrointestinal (GI) issues such as vomit and diarrhea, must remain home until 24 hours free of symptoms. **After any illness, students should not return to school unless they can successfully make it through the day. Reminder! No medications including cough drops will be dispensed without a licensed medical provider's order.**

CCS will notify families of any infectious outbreaks that occur within the school setting. Per the VDOH, an outbreak is the occurrence of more cases of disease than expected. There is no strict definition of an outbreak or specific number of cases that need to occur to be considered an outbreak.

SIGNS AND SYMPTOMS	COLD	FLU
Symptom onset	Gradual	Abrupt
Fever	Rare	Usual
Aches	Slight	Usual
Chills	Uncommon	Fairly common
Fatigue, weakness	Sometimes	Usual
Sneezing	Common	Sometimes
Chest discomfort, cough	Mild to moderate	Common
Stuffy nose	Common	Sometimes
Sore throat	Common	Sometimes
Headache	Rare	Common

#FIGHT FLU

Colder Weather means Warmer Clothes

Please remember that upon our return from Thanksgiving break, winter dress is in place. Children also need to be sent with appropriate weather clothing. This could mean gloves, hats, coats/jackets, etc. As more items are worn into school, less items may make it home. Please write your child's name in any items you wish not to lose.

